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SCHOOL OF MEDICINE  
CASE WESTERN RESERVE  
UNIVERSITY



University Hospitals  
Cleveland Medical Center

INTENSIVE COURSE IN

# Controlled Substance Prescribing

Pain, Anxiety, Insomnia

February 17-19, 2020

June 8-10, 2020

November 9-11, 2020

George S. Dively Conference Center  
11240 Bellflower Rd., Cleveland, Ohio



## INTENSIVE COURSE IN

# Controlled Substance Prescribing

## Who Should Attend?

The Intensive Course in Controlled Substance Prescribing is designed for physicians, physician assistants, nurse practitioners and dentists who wish to increase their knowledge and ability to effectively prescribe controlled medications that have abuse potential. In addition, the course is designed for health professionals who treat chronic pain syndromes.

## Statement of Need

Controlled substances are prescribed and dispensed today at an increasing rate to help patients cope with pain, insomnia, anxiety, depression, ADHD, and a myriad of other disorders. Studies show that most practitioners are rather conservative when prescribing controlled drugs while a small number are at times overly aggressive. In addition, controlled prescription medications are falling into the hands of increasing numbers of prescription drug abusers.

How can the practitioner more effectively understand the pharmacologic profiles for controlled drugs, identify diagnostic criteria for appropriate prescribing, and consider the therapeutic implications of specific substance use by individual patients? This special intensive course has been developed to enhance the practitioner's ability to effectively prescribe controlled medications, while minimizing their misuse whenever possible.

## Participant Learning Objectives

*After attending this course, participants will be able to:*

- Describe the pharmacologic profiles of benzodiazepines, opiates and other controlled drugs
- Identify the diagnostic criteria and management strategies for acute and chronic pain, anxiety disorder, insomnia, depression and substance abuse
- Employ interviewing techniques relating to the diagnosis and management of substance abuse in general and prescription drug abusers in particular
- Discuss case management strategies for the above diagnoses
- Discuss beliefs, stereotypes, and attitudes about controlled substance prescribing, controlled drug abusers and chemical dependency, and consider the therapeutic implications of treatments based upon these beliefs
- List the special clinical requirements necessary when prescribing controlled drugs

## Educational Design and Methodology

The course combines lectures, participative discussions, case studies, a personal case-based reflective essay, and individual skill practice with standardized patients and simulations to create an intensive interactive learning environment.

## For More Information

Call Case Western Reserve University, Continuing Medical Education Program, phone (216) 983-1239 or (800) 274-8263 or visit <http://case.edu/medicine/cme/courses-activities/intensive-course-series/>

# A G E N D A

## Monday

7:30-8:00 am	<b>Registration and Continental Breakfast</b>
8:00-9:00 am	<b>Course Outline and Prescription Drug Abuse Overview</b> Theodore Parran, MD
9:00-10:30 am	<b>Benzodiazepine Pharmacology and Withdrawal Management</b> Theodore Parran, MD
10:30-10:45 am	<b>Break</b>
10:45-12:15 pm	<b>Legal Issues: Perspective of Risk Management</b> John Irwin, JD, MD, FCLM
12:15-12:30 pm	<b>Break to get lunch</b>
12:30-1:30 pm	<b>Lunch Session: Legal Issues – Perspective of the State Medical Board</b> Courtney Janish
1:30-3:00 pm	<b>Diagnosis and Treatment of Anxiety and Mood Disorders</b> John Heather, MD
3:00-3:15 pm	<b>Break</b>
3:15-4:15 pm	<b>Narcotic Pharmacology</b> Phyllis Grauer, PharmD, BCGP, CPE, CDCA
4:15-5:00 pm	<b>Management of Narcotic Withdrawal</b> Theodore Parran, MD

## Tuesday

7:00-7:30 am	<b>Registration and Continental Breakfast</b>
7:30-9:00 am	<b>Psychological Approaches to Chronic Pain</b> Jeffrey Janata, PhD
9:00-10:00 am	<b>Headache Management</b> Robert Richardson, MD
10:00-11:00 am	<b>Insomnia – Etiology and Treatment</b> Carl Rosenberg, MD
11:00-11:45 am	<b>Chemical Dependence Overview, Screening and Skills Session</b> Theodore Parran, MD
11:45-12:15 pm	<b>Break to get lunch</b>
12:15-1:30 pm	<b>Lunch Session: Chemical Dependence Overview, Screening and Skills Session (cont)</b> Theodore Parran, MD
1:30-1:45 pm	<b>Break</b>
1:45-2:45 pm	<b>Prudent Prescribing of Stimulants</b> Andrew Hunt, MD
2:45-4:45 pm	<b>Brief Intervention and Skills Practice for Patients and Families</b> Sybil Marsh, MD, MA
4:45-5:15 pm	<b>AI-Anon Story</b>

## Wednesday

7:00-7:30 am	<b>Registration and Continental Breakfast</b>
7:30-8:00 am	<b>Toxicology Testing in Office Practice</b> Theodore Parran, MD
8:00-9:00 am	<b>Use of Opiates in Chronic Pain</b> Theodore Parran, MD
9:00-10:15 am	<b>Practical Approaches to Prescribing Chronic Opioids and Skill Practice</b> Theodore Parran, MD
10:15-10:30 am	<b>Break</b>
10:30-11:15 am	<b>Overview of Opioid Maintenance Therapy</b> Theodore Parran, MD
11:15-11:45 am	<b>Forming a Plan for Treatment and Recovery and Skills Session</b> Theodore Parran, MD
11:45-12:00 pm	<b>Break to get lunch</b>
12:00-12:30 pm	<b>Lunch Session: Applied Opiate Pharmacology Excerpts from the ER-LA CORE REMS</b> Theodore Parran, MD
12:30-1:00 pm	<b>Patient Scams “Getting to No” Skill Practice</b> Theodore Parran, MD
1:00-3:00 pm	<b>Controlled Substance Prescribing Simulation</b> Simulation Center Staff

# FACULTY

## *Course Director*

### **Theodore V. Parran, Jr., MD, FACP**

Carter and Isabel Wong  
Professor of Medical Education  
Case Western Reserve University  
School of Medicine

### **Phyllis Grauer, PharmD, BCGP, CPE, CDCA**

Adjunct Professor  
Cedarville University

### **John Heather, MD**

Assistant Professor of Psychiatry  
Case Western Reserve University  
School of Medicine  
Mood Disorders Program  
University Hospitals  
Cleveland Medical Center

### **Andrew Hunt, MD**

Assistant Professor of Psychiatry  
Case Western Reserve University  
School of Medicine

### **John R. Irwin, JD, MD, FCLM**

Attorney at Law

### **Jeffrey W. Janata, PhD**

Professor, Departments of Psychiatry,  
Reproductive Biology, Anesthesiology  
Case Western Reserve University  
School of Medicine  
Director, Division of Psychology  
University Hospitals  
Cleveland Medical Center

### **Courtney Janish**

Enforcement Investigator  
State Medical Board of Ohio

### **Sybil K. Marsh, MD, MA**

Associate Professor of Family Medicine  
Case Western Reserve University  
School of Medicine

### **Robert Richardson, MD**

Assistant Clinical Professor of Medicine  
Case Western Reserve University  
School of Medicine

### **Carl Rosenberg, MD**

Neurologist  
University Hospitals  
Cleveland Medical Center

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## **Accreditation**

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of **24.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **ABIM MOC Statement**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 24.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to the ACCME for the purpose of granting ABIM MOC credit.

## **Location and Hotel Accommodations**

The course will be held at the George S. Dively Conference Center, 11240 Bellflower Rd., Cleveland, Ohio. For detailed information on location and hotel accommodations visit our website <http://case.edu/medicine/cme/courses-activities/intensive-course-series/>

# REGISTRATION

## Registration Information

The registration fee for this course is \$1600. Fees include tuition, educational materials, breakfast, lunch, breaks and parking. An administrative fee of \$250 will be deducted from fees for cancellations made after February 10 (for February course), June 1 (for June course) or November 2 (for November course). All requests for refunds must be made in writing. Course size is limited to 40.

## Four Ways to Register

1. Register online at <http://bit.ly/CWRUContSub>
2. Mail this completed form with a check payable to Case Western Reserve University for \$1600 or complete the credit card information and send to:  
Continuing Medical Education Program  
10524 Euclid Avenue  
Cleveland, Ohio 44106-6026
3. Fax this form with your credit card number to (216) 201-6749
4. Phone (216) 983-1239 or (800) 274-8263 with the information requested below and your credit card number.

## Registration Form

February 17-19, 2020    CID #2679  
June 8-10, 2020        CID #2680  
November 9-11, 2020    CID #2681

## Controlled Substance Prescribing

Name \_\_\_\_\_ Degree \_\_\_\_\_

Specialty \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

In case of emergency \_\_\_\_\_

Dietary restrictions? \_\_\_\_\_  I will need parking

Make checks payable for \$1600 to: *Case Western Reserve University* or complete credit card information.

MasterCard       Visa       Discover

Credit card # \_\_\_\_\_ Expiration date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Happenings in Cleveland

**Cleveland Orchestra**  
[www.clevelandorchestra.com](http://www.clevelandorchestra.com)

**Cleveland Museum of Art**  
[www.clevelandart.org](http://www.clevelandart.org)

**Playhouse Square Center**  
[www.playhousesquare.org](http://www.playhousesquare.org)

**Cleveland Play House**  
[www.clevelandplayhouse.com](http://www.clevelandplayhouse.com)

**Rock and Roll Hall of Fame and Museum**  
[www.rockhall.com](http://www.rockhall.com)

**Great Lakes Science Center**  
[www.greatscience.com](http://www.greatscience.com)

**Jack Cleveland Casino**  
[www.jackentertainment.com](http://www.jackentertainment.com)

Or for more Cleveland activities visit Destination Cleveland at [www.thisiscleveland.com](http://www.thisiscleveland.com)